

ARFC Water Babies Group Swimming Classes

Class Description

Water Babies Group Swimming Classes are offered year round at Auburn Racquet & Fitness Club. Classes are conducted in water temperature of 86 degrees. During the winter season the pool is bubble- enclosed to maintain the warm water temperature. Water Babies is available to children ages 4 months to 2 years of age, and is designed to have child and parent in the pool together.

What to Expect

Through song, play, and movement in the water, **ARFC's Water Babies** classes will promote motor development, comfort, safety, proper holds and techniques for a fun and comfortable swimming experience for you and your child.

Aquatics Facilities & Staff

ARFC's swimming instructors are all First Aid/ CPR certified. ARFC's instructors participate in water skills and technique training, have a swimming background and a love and appreciation for the water!

Whether the goal is to introduce swimming and water safety, learning to swim for fitness, or preparing for competition, our staff will get you there. Our goal is to help you become a competent swimmer, a confident swimmer, and a happy swimmer!

Thank you for enrolling! See you at the pool!

Pricing

Each four-week session includes four ½ hour classes.

Session I: Tuesday 10-10:30
Session II: Thursday 10-10:30

Price Per Session:

Members.....\$60.00
Non- Members.....\$70.00

Sign up for both and receive \$5.00 off each session!

A 24 hour cancellation notice is required or lesson is forfeited

Sessions

Session I: Tuesday: 3/5—3/26
Session II: Thursday: 3/7—3/28



March 2019 Water Babies Group Swimming Classes (One form per student)

Parent name(s) _____

Child Name _____ Age _____ Member # _____

Address _____ City _____ Zip Code _____

Registration Fee _____ Receipt # _____

Phone (C) _____ (H) _____

Email Address _____

(circle one) Member \$60.00 Non-member \$70.00

Session I Session II

I agree to participate in swim programs at Auburn Racquet & Fitness Club and hereby release and waive any and all rights and claims for damage I might have against Auburn Racquet & Fitness Club and its agents for any and all injuries which may be suffered by me in connection with participation in this program.

Signature _____ Date _____

Auburn Racquet & Fitness Club

Water Babies



March Water Babies 2019



In-Water Program for Parent and Baby

Two 4-week sessions

Tuesday 3/5-3/26

Thursday 3/7-3/28

Auburn Racquet & Fitness Club

1255 Racquet Club Drive

Auburn, CA 95603

Phone: 530-885-1602

Email: info@ar-fc.com

Website: ar-fc.com