

Auburn Racquet & Fitness Club

Water Babies



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&
Fitness Club**

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WATER BABIES

2024



**In-Water Program for
Parent and Baby**

Ages:

Six months–Two years

Auburn Racquet & Fitness Club

1255 Racquet Club Drive

Phone: 530-885-1602

Email: Bree@ar-fc.com

www.ar-fc.com

Water Babies

Water Babies Group Swimming Classes are offered year round at Auburn Racquet & Fitness Club. Classes are conducted in water temperature of 88 degrees. Water Babies is available to children **ages 6 months to 2 years of age**, and is designed to have child and parent in the pool together.

What to Expect

Through song, play, and movement in the water, **ARFC's Water Babies** classes will promote motor development, comfort, safety, proper holds and techniques for a fun and comfortable swimming experience for you and your child.

Aquatics Facilities & Staff

ARFC's swimming instructors are all First Aid/CPR certified. ARFC's instructors participate in water skills and technique training; have a swimming background and a love and appreciation for the water!

Whether the goal is to introduce swimming and water safety, learning to swim for fitness, or preparing for competition, our staff will get you there. Our goal is to help you become a competent swimmer, a confident swimmer, and a happy swimmer!



Pricing



Price per Session

Members: \$80
Non- Members: \$120

**Four-week session includes:
four, 30-minute classes.**

Tuesdays 10-10:30 AM:

☐ September: 3rd, 10th, 17th, 24th

☐ October: 1st, 8th, 15th, 22nd

☐ December 10th, 17th, 22nd, 31st

A 24-hour cancellation notice is required or lesson is forfeited.



Registration Form

Water Babies 2024

One Form per Swimmer

Swimmer's Name: _____

Member Number: _____

Phone Number: _____

Age: _____ Birthday: _____

Address: _____

City: _____ Zip Code: _____

Parent's Name: _____

Email Address: _____

CHOOSE A SESSION(S):

September: \$80M ☐ \$120NM ☐

October: \$80M ☐ \$120NM ☐

December: \$80M ☐ \$120NM ☐

Price: _____

Receipt Number: _____

I give my permission for my child to participate in swim programs at Auburn Racquet & Fitness club and hereby release waive any and all rights and claims for damages I might have against Auburn Racquet & Fitness Club and its agents for any and all injuries which may be suffered by my child in connection with participation in this program.

Sign: _____

Date: _____