

# ARFC Water Babies Club

## September 2017 ARFC Water Babies Club Swimming Classes (One form per student)

Parent name(s) \_\_\_\_\_

Child Name \_\_\_\_\_ Age \_\_\_\_\_ Member # \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip Code \_\_\_\_\_

Registration Fee \_\_\_\_\_ Receipt # \_\_\_\_\_

Phone (C) \_\_\_\_\_ (H) \_\_\_\_\_

Email Address \_\_\_\_\_

(circle one or more)    Member \$60.00    Non-member \$70.00  
Session 1    Session II    Session III

I agree to participate in swim programs at Auburn Racquet & Fitness Club and hereby release and waive any and all rights and claims for damage I might have against Auburn Racquet & Fitness Club and its agents for any and all injuries which may be suffered by me in connection with participation in this program.

Signature \_\_\_\_\_

Date \_\_\_\_\_

## Class Description

**Water Babies Group Swimming Classes** are offered year round at Auburn Racquet & Fitness Club. Classes are conducted in water temperature of 86 degrees. During the winter season the pool is bubble-enclosed to maintain the warm water temperature. Water Babies is available to children ages 6 months to 2 years of age, and is designed to have child and parent in the pool together.

## What To Expect

Parents assist children in building on what comes naturally including: back floats, rollovers, support holds, cues, safety and submersion. **“New”...Self rescue safety! Parents will learn to tread water with the child. 6:1 class ratio.**

## Aquatics Facilities & Staff

ARFC's swimming instructors are all First Aid/ CPR certified. ARFC's instructors participate in water skills and technique training, have a swimming background and a love and appreciation for the water!

***Parents will be thrilled to see how to cue their baby to rollover, float, enter and exit the pool and more. Child participants must wear swim diapers and tight legged elastic pants.***

## NEW FOR FALL 2017

Returning Aquatics Director Bonnie Records is adding an evening class for your convenience. Please take advantage if this is more convenient for you.

## Pricing

Each 4 week session includes  
(4) ½ hour classes

Session I: Tuesday 10-10:30am  
Session II: Thursday 10-10:30am  
Session III: Wednesday 5:30-6:00pm

### **No Mixed Sessions!**

### **Price per session:**

**Members.....\$60.00**  
**Non- Members.....\$70.00**

***Sign up for multiple sessions and receive \$5.00 off each session!***

A 24 hour cancellation notice is required or lesson is forfeited

## Sessions

**Session I (Tuesday) 9/5-9/26**  
**Session II (Thursday) 9/7-9/28**  
**Session III (Wednesday) 9/6-9/27**



**Auburn Racquet & Fitness Club**

**Water Babies Club**



**Auburn Racquet  
&  
Fitness Club**

**September ARFC  
Water Babies Club  
2017**



**In-Water Program for  
Parent and Baby**

Three 4-week sessions

Tuesday 9/6-9/26

Wednesday 9/7-9/27

Thursday 9/8-9/28

**Auburn Racquet & Fitness Club**

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