

# ARFC Water Babies Group Swimming Classes

## Class Description

**Water Babies Group Swimming Classes** are offered year round at Auburn Racquet & Fitness Club. Classes are conducted in water temperature of 86 degrees. During the winter season the pool is bubble- enclosed to maintain the warm water temperature. Water Babies is available to children ages 6 weeks to 2 years of age, and is designed to have child and parent in the pool together.

## What to Expect

Through song, play, and movement in the water, **ARFC's Water Babies** classes will promote motor development, comfort, safety, proper holds and techniques for a fun and comfortable swimming experience for you and your child.

## Aquatics Facilities & Staff

ARFC's swim instructors are all First Aid/ CPR certified. ARFC's instructors participate in water skills and technique training and they all have a swim background with a love and appreciation for the water!

*Whether the goal is to introduce swimming and water safety, learning to swim for fitness, or preparing for competition, our staff will get you there. Our goal is to help you become a competent swimmer, a confident swimmer, and a happy swimmer!*

*Thank you for enrolling! See you at the pool!*

## Pricing

Each 4 week session includes  
(4) ½ hour classes

**Session I: Tuesday 10-10:30**  
**Session II: Thursday 10-10:30**

### Price per session:

Members.....\$60.00  
Non- Members.....\$70.00

***Sign up for both and receive  
\$5.00 off each session!***

A 24-hour cancellation notice is required or the lesson is forfeited.

## Sessions:

**Session I (Tuesdays) 7/3- 7/24**  
**Session II (Thursdays) 7/5-7/26**



**July 2018 Water Babies Group Swimming Classes (One form per student)**

Parent name(s) \_\_\_\_\_

Child Name \_\_\_\_\_ Age \_\_\_\_\_ Member # \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip Code \_\_\_\_\_

Registration Fee \_\_\_\_\_ Receipt # \_\_\_\_\_

Phone (C) \_\_\_\_\_ (H) \_\_\_\_\_

Email Address \_\_\_\_\_

(circle one) Member \$60.00 Non-member \$70.00

Session I  Session II

I agree to participate in swim programs at Auburn Racquet & Fitness Club and hereby release and waive any and all rights and claims for damage I might have against Auburn Racquet & Fitness Club and its agents for any and all injuries which may be suffered by me in connection with participation in this program.

Signature \_\_\_\_\_

Date \_\_\_\_\_

# Auburn Racquet & Fitness Club

## Water Babies



## July Water Babies 2018



### In-Water Program for Parent and Baby

**Two 4-week Sessions**  
**Tuesdays: 7/3-7/24**  
**Thursdays: 7/5-7/26**

**Auburn Racquet & Fitness Club**  
1255 Racquet Club Drive  
Auburn, CA 95603  
Phone: 530-885-1602  
Email: [info@ar-fc.com](mailto:info@ar-fc.com)  
Website: ar-fc.com